**FOUNDATION COURSE :2019-20**

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| **Time** | **1-Aug Thursday** | **Time** | **2-Aug Friday** | **3-Aug Saturday** | **4-Aug Sunday** | **5-Aug Monday** | **6-Aug Tuesday** | **7-Aug Wednesday** |
| 09.30 – 10.30    | Registration | 09.00 – 10.00    | Health Care delivery system of India  | Medical Ethics, attitude, professionalism ethics  |   | History of Medicine & Alternate Health System-1  | Professional Role of Physicians & Expectation of the society to a Physician  | Address by subjectsPhase-3  |
| 10.00 – 11.00 | Conducted tour to OPD/ IPD/ Blood Bank & other special Units in 04 groups  | History of medicine & alternate health system-1(Symposium)  | Health priorities of India  |
| 11.00 – 13.00  | Welcome Address by the Principal, MSVP, Dean, All HODs  | 11.00 – 12.00 | Anti-ragging law  | Etiquette & Professional behaviour | Management of Time & Stress  | Introduction to Research in Medical Sciences  |
| 12.00 – 13.00 | Visit to Library & its resources | Language -1 Computer-2 | Professional qualities of a Physician  |
| 13.00 – 14.00 | Lunch Break | 13.00 – 14.00 | Lunch Break | Introduction to Bioinformatics   | Lunch Break | Lunch Break | Lunch Break |
| 14.00 – 15.00 | Introduction to MBBS programs  | 14.00 – 15.00 | Address by subjectsPhase-2 |   | Inter-personal relation  | Role of Institutional Ethics Committee  | Obtaining patient consent  |
| 15.00 – 16.00  | Examination schedule/ University rules  | 15.00 – 16.00 | Commitment to lifelong learners  |       | Conflict management | Communication skill (1)  | Communication skill (2)  |
| 16.00 – 17.00 | Group Dynamics & Team building  |   | Personal Grooming  | Sports  |  Sports     |
|  **Time**  | **8-Aug  Thursday** |  **Time**  | **9-Aug Friday** | **10-Aug Saturday** | **11-Aug Sunday** | **12-Aug Monday** | **13-Aug Tuesday** | **14-Aug Wednesday** |
| 09.00 – 10.00    |  AETCOM: Mod.1.1: What does it mean to be a doctor?   | 09.00 – 10.00    | Hand-washing  | Field visit to Community Health Centre |                                      |   |  Documentation of Medical Records   | Violence against doctor: causes & solution (Panel Discussion)  |
| 10.00 – 11.00 |  AETCOM: Mod.1.2: What does it mean to be a patient?  | 10.00 – 11.00 | Language -1 Computer-2 |
| 11.00 – 12.00   |  AETCOM: Mod.1.3: The Doctor-patient relationship  | 11.00 – 12.00   | National Health priority  | Professional development sessions | Psychiatric counselling  |
| 12.00 – 13.00 | 12.00 – 13.00 |
| 13.00 – 14.00 | Lunch Break | 13.00 – 14.00 |  Lunch Break  | Lunch Break | Lunch Break |
| 14.00 – 15.00  |  Language -1 Computer-2  | 14.00 – 15.00  |  Language -1 Computer-2  | Handling Bio-Medical Waste  | Bio-safety & Needle–prick injuries  |
| 15.00 – 16.00 | 15.00 – 16.00 |
| 16.00 – 17.00 | Extra-curricular activities | 16.00 – 17.00 | Sports |    Extra-curricular activities   | Sports |
| **Time** |  **15-Aug Thursday**  | **Time** |  **16-Aug Friday**  |  **17-Aug Saturday**  |  **18-Aug Sunday**  |  **19-Aug Monday**  |  **20-Aug Tuesday**  | **21-Aug Wednesday** |
| 09.00 – 10.00  |   | 09.00 – 10.00  | Principles of primary care | Field visit to Community Health Centre |                                      | Life-style modification: 1  | Life-style modification: 2  | Life-style modification:3   |
| 10.00 – 11.00 | 10.00 – 11.00 | Vaccinations-1 | Vaccinations-2  | Video Show | Video Show |
| 11.00 – 12.00 | 11.00 – 12.00 | Language - 1 Computer - 2 | Language - 1 Computer - 2 | Language - 1 Computer - 2 | Language - 1 Computer - 2 |
| 12.00 – 13.00 | 12.00 – 13.00 |
| 13.00 – 14.00 | 13.00 – 14.00 |  Lunch Break |  Lunch Break |  Lunch Break |  Lunch Break  |
| 14.00 – 15.00 | 14.00 – 15.00 |  Language-2 Computer-1 | Language-2 Computer-1 | Language-2 Computer-1 | Language-2 Computer-1 |
| 15.00 – 16.00 | 15.00 – 16.00 |
| 16.00 – 17.00 | 16.00 – 17.00 |  Sports  | Sports |      Sports      | Sports |
|  **Time**  |  **22-Aug Thursday**  |  **Time**  |  **23-Aug Friday**  |  **24-Aug Saturday**  |  **25-Aug Sunday**  |  **26-Aug Monday**  |  **27-Aug Tuesday**  | **28-Aug Wednesday** |
| 09.00 – 10.00    | Learning from patients & other health care providers | 09.00 – 10.00    |   | Basic Life Support/ First Aid-3  |   | Privileged Communication in medical ethics | Immunization for health professionals-2  | Consequences of Unethical & unprofessional behaviour |
| 10.00 – 11.00 | Basic Life Support/ First Aid-1  | 10.00 – 11.00 | Immunization required for healthProfessionals-1 | Leadership qualities & team functioning  | Handing biological materials & BMW management  |
| 11.00 – 12.00 | 11.00 – 12.00 | Leadership & Team work  | Team Game with practice of interpersonal communication, team building & leadership  | Debate: Doctors are solely responsible for nobility of the medical profession  |
| 12.00 – 13.00 | 12.00 – 13.00 | Biomed safety,Waste management  | Self-directed learning-2  |
| 13.00 – 14.00 | Lunch Break | 13.00 – 14.00 |    Lunch Break  | Lunch Break | Lunch Break |
| 14.00 – 15.00 | Basic Life Support/ First Aid-2  | 14.00 – 15.00 | Basic Life Support/ First Aid-4 | Role of Nutrition in Clinical Medicine  | Use of resources available in world wide web  |
| 15.00 – 16.00 | 15.00 – 16.00 |  Gender sensitivity & self defenceGender cell | Occupation,health and diseases  |
| 16.00 – 17.00 |  Sports  | 16.00 – 17.00 | Extra-curricular activities | Sports |  Extra-curricular activities |
| **Time** |  **29-Aug Thursday**  | **Time** |  **30-Aug Friday**  | **31-Aug Saturday** |   |
| 09.00 – 10.00 | Career Pathway  | 09.00 – 10.00 | Hand-washing  | Feedback of Foundation course & Reflective writing |
| 10.00 – 11.00 | Time & Stress Management & protection from burnout  | 10.00 – 11.00 | Emotional Intelligence  |
| 11.00 – 12.00 | 11.00 – 12.00 |
| 12.00 – 13.00 | How to perform better in examination-2  | 12.00 – 13.00 | How to perform better in examination-2  |
| 13.00 – 14.00 | Lunch Break | 13.00 – 14.00 | Lunch Break |
| 14.00 – 15.00 | SDL & ITS Importance-1  | 14.00 – 15.00 | Communication skillExtra-curricular activities: A cultural program by students |
| 15.00 – 16.00 | 15.00 – 16.00 |
| 16.00 – 17.00 | Sports | 16.00 – 17.00 |